

*Where faith
and reason are
compatible.*



Pulse
of the Heart of Longmont

Volume 6 Issue 4

February 7, 2019

Pray with the Mountain Sky Conference

The Special General Conference is February 23-26 in St. Louis, MO. There are 8 voting delegates (equal lay and clergy) representing our Mountain Sky Conference. As you know, Doug Palmer (from HoL) is one of the voting delegates. It will be an intense four-day-conferencing. The delegates can benefit from our thoughts and prayers during that time. There are "Thinking of You" greeting cards in the gallery for you to sign and/or write a brief note so they will know they are being supported.



Tim and Kathy Bradley are attending as observers and will deliver the cards to the Mountain Sky Conference delegation during the four days. The cards will be available February 10 and 17 in the church gallery. Please stop and sign at least one card. Prayer cards are also available, please see details below.

Pray with the Mountain Sky Conference leading up to the 2019 General Conference



As The United Methodist Church prepares for the special session of the General Conference Feb. 23 to 26 in St. Louis, the Mountain Sky Conference invites us to pray for our denomination, our local churches and all who will be attending the gathering. Using prayer cards provided by the Conference, we are asked to pray at noon every day through February, using the prayer cards to help guide our reflection time. *These Prayer Cards have been printed out and are available at the Hospitality Desk.*

Regardless of what will be decided at the General Conference, or what happens in the weeks and months following, we can continue to be vital congregations, sharing the grace of Jesus across this area that we love.

Heart of Longmont Orientation: Lunch with the Pastor



Sunday, March 3, right after worship, you can have lunch with Pastor Burt and get a short orientation to our church. If you are new to Heart of Longmont, or just interested in what makes us who we are, you are invited! Learn some of this history of our denomination as well as this local church. Meet some of the leaders who work to make our vision of ministry tangible.

A sign-up sheet is on the Hospitality Desk in the Gallery. Sign up soon so we know how many to plan for!

FEEDING OUR SOULS



Please join us for our monthly spaghetti dinner sponsored by UMW (United Methodist Women), **on every 3rd Wednesday of the month, from 5 pm to 7 pm**. The menu will include:

- ⇒ Spaghetti and Meatballs
- ⇒ Gluten Free Pasta Option
- ⇒ Fresh Salad
- ⇒ Italian Bread
- ⇒ Dessert

Please stay after dinner to help with projects around the church, stay to visit, or bring your knitting, etc.

Children are welcome to help and there will be a fun craft for the kids.

Dinner is FREE!! – there will be a free-will offering to offset the cost of food and supplies.

Days for Girls seeking donations - by Sandi Austin

This month's Compassion Offering, which you learned about in last week's Pulse newsletter, is a first-time project for the women of Heart of Longmont United Methodist Church. Last week, a group of volunteers began making and putting together kits for this worthwhile campaign. There are some materials they are needing, however, and the women are accepting any of the following items as they work on this project:



- Girls underpants – size 10-14
- Wash cloths – small size
- Hotel size bars of soap
- Zip lock bags – Gallon Freezer



- Dark flannel cotton fabric – ***no animals, bugs, or eyes***
- Cotton quilting fabric – ***no animals, bugs or eyes***

If you would like to learn more about donations needed, or how you can help with the project, call Marty Allison at **303-772-7816** or email her at martyallisonco@gmail.com.

Red Kettle Kudos!

Thanks to all our Heart of Longmont UMC members and friends who put in a total of 24 volunteer hours for the Salvation Army 2018 Red Kettle Campaign. Of the **\$55,506.17** collected from around the Longmont area, the HoL volunteers collected **\$2,312.80** during their Red Kettle duties. Thank you, also, to all who made donations at any of the Red Kettle sites.



DOING
THE MOST
GOOD®

Good job, everyone!

This Sunday: Ask an Ally! - PFLAG



PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

PFLAG Boulder County ask an ally coffee talk series presents:

Have a Heart!

Loving and supporting our LGBTQ children.

Sunday, February 10, 2019

2-3 pm

Javastop

301 Main St, Longmont, CO

Come on, Heart Throb, join the fun!



Longmont Heart Throb 5k
Saturday, February 9, 2019
~ 10 am

Are you a Heart Throb?

Join us on Valentine's weekend and get your heart pumping! Runners, Joggers and Walkers are all welcome to join us for the 5k event! Be a part of our community-based race as we partner with the OUR Center to restock their cupboards after a busy holiday season.

For more information, to register or join a team, go to <http://heartthrobrun.com/sponsors—longmont.html>.

5TH Annual CHILI CHILI BANG BANG Cook Off!

When: Saturday, February 23, 2019 from 2:00 PM to 5:00 PM MST

Where: Grossen Bart Brewery , 1025 Delaware Ave., Longmont, CO 80501

Contact: Laura Teta, The Inn Between of Longmont, Inc., 303-684-0810, laura@innbetween.org

CHILI for a CAUSE: enter your best chili recipe or just come to taste! This is a jam packed event with several varieties of Home Cooked Chili, Live Music, Prizes, and Grossenbart Brews! All proceeds benefit The Inn Between of Longmont and HOPE! To register, go to <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eg06tpkb20c3f979&oseq=&c=&ch=>



United Methodist Ken Koome to Visit in March

Missionary to East Angola Ken Koome will be at Heart of Longmont on **Monday March 18, 6:00 pm** to share about his work. Ken is one of several missionaries the Mountain Sky Conference supports. We will have a potluck dinner that evening and everyone is invited.

Ken serves as a Global Ministries missionary in the East Angola Conference of the United Methodist Church. He is the financial officer for Advance projects in the East Angola Conference, which means that he is key to all the work being done through the church in East Angola. He pays the pastors the salaries raised by churches across our conference, he facilitates the agricultural work being done at Quessual Methodist Mission, he assists in the rebuilding of churches, oversees Imagine No Malaria work, and helps with visiting UMVIM teams. Since he is key to so many projects, he can share about the many ways that the United Methodist Church is making a difference in the lives of our brothers and sisters in Angola. He is looking forward to being in the Mountain Sky Conference, the largest supporter of these projects.

He has served with Global Ministries for many years as a missionary in Nigeria and as a financial officer based in Nairobi, Kenya (his home) where he was sent all over Africa to assist conferences regarding financial matters. He has years of experience helping the United Methodist Church grow and develop.



Ken and the truck the Mountain Sky Conference helped purchase for him.

Heart of Longmont Endowment and Planned Giving Committee 2018 Report



The Endowment and Planned Giving Committee had a busy and productive 2018. After considerable discussion and revision, the revised Endowment Fund Charter was approved at the charge conference in February. A second “Will Power” seminar was held with Kristi Kinnison,

Executive Director of the Mountain Sky Conference United Methodist Foundation leading, with approximately 20 persons attending.

In August, seven scholarships totaling \$6,500 were awarded. Through the year Endowment funds principal grew \$25,000 as a result of two gifts, and a new scholarship is being established through a gift from Gloria and Roger Hinz.

In the fall the committee submitted application for, and was awarded a \$2,500 matching grant from the Mountain Sky Foundation to implement a program to grow the endowment.

At the end of 2018 principal of \$328,112 was invested with Mountain Sky Foundation in 6 different accounts under the purview of the committee. An additional \$60,135 is held in savings at the Foundation, but is not administered by our endowment and planned giving committee. Total market value, unfortunately decreased in 2018 from \$418,729 to \$404,708, with the largest decline coming in the 4th quarter. (Many of you may have seen similar declines in your investment portfolios.) The committee’s investment decisions are aimed at weighing risk and benefit over appropriate time frames for each of the funds.

In 2019 the committee will be focusing on growing the endowment through strategies outlined in the grant, and implemented with the help of a consultant proposed in the grant application.

Members of the committee presently are Keith Watson, chair; Ray Allison, vice-chair; Rod Edmonds, secretary; Paul Johnston; Mark Vancura, finance; Butch Howard, trustees; and Rev. David Burt. The committee is desiring to bring some women onto the committee.

Save the date! - Build Day April 6



An opportunity to give hope to a family in need has come up again on **Saturday, April 6, from 9-4 pm**. It's Habitat for Humanity Build Day and, if you've participated in this event before, you know what it's all about. If you haven't, it's a day of working to build a home with other volunteers. You just need the will to give of your time and whatever talent you may bring to the build site. We have a job for everyone and all are welcome! If you are thinking about volunteering on Build Day,

please make sure to email Terry Monroe at terrymonroe00@gmail.com or **303-587-1064**. You will receive additional information via email.

Save the date! - Our Center Empty Bowls



MARK YOUR CALENDARS! Announcing the date for our next Empty Bowls event –**Saturday, March 16, 2019**.

Sponsorships, ticket sales, and bowl painting will be available starting in January.

THANK YOU to the hundreds of guests, volunteers, and donors who made our 15th

Empty Bowls fundraiser on March 17, 2018 one of the best ever!

Over \$33,000 was raised for our food program, which impacts more people than any other in the OUR Center community.

We hope you continue to enjoy the Empty Bowls tradition! Empty Bowls is a project to provide support for food banks, soup kitchens, and other organizations that fight hunger.

This Month's Needed Items

- ⇒ Bottled Water
- ⇒ Canned Meat
- ⇒ Canned Fruit
- ⇒ Healthy Snack Items

Go to <https://www.ourcenter.org/emptybowls/> to learn more about this fun event.

Save the date! - The Birds and Blooms Festival



On **April 20, 2019** the Wild Plum Center would like to invite our community to join us from 11 a.m.-2 p.m. at 851 Meeker Street for our inaugural Spring Festival. The Birds and Blooms Festival will be a fun event for the whole family. We will have a bouncy house, egg hunts for all ages, face painting, and arts and crafts all free of charge to you. We will also have a Silent Auction with fantastic items such as flower bulbs, Birdhouses (built by Tinkermill, Longmont Senior Center, and students of the Career Development Center) designed by the Hoe and Hope Garden Club, and Original Artwork donated by the Longmont Artists Guild. Finally, our friends from Eats and Sweets and Lafayette will be cooking up some delicious treats for you to taste.

Hope to see everyone there!

Contact Catherine Blackwell for more information [\(303\) 776-8523](tel:3037768523) or catherineb@wildplumcenter.org.

SERMON *videos*

HEARTOFLONGMONT.ORG/SERMONS



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